

# Integrative Behavior Solutions

## Informed consent for tele-psychological services

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the others person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions, and the psychologist will explain how to use it.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the psychologist 48 hours in advance by phone or email: 847.780.6002 or mmillerpsychology@gmail.com
- \*\*\*\*\*We need a back-up plan (e.g., phone number where you can be reached) to restart the session in the event of technical problems.

Phone number(s) \_\_\_\_\_

- \*\*\*\*\*We need a safety plan that includes at least one emergency contact and the closest emergency room to your location, in the event of a crisis situation.

Emergency contact #1 \_\_\_\_\_

Emergency contact #1 phone \_\_\_\_\_

Emergency contact #2 \_\_\_\_\_

Emergency contact #2 phone \_\_\_\_\_

Closest hospital \_\_\_\_\_

- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychology sessions.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate.
- If you accept these terms, please sign and date below.

Printed name: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature of child: \_\_\_\_\_

Date: \_\_\_\_\_